

Sol-Gel Fabricated TiO₂ Coating on Titanium Surface Promoted *In Vitro* Osteoblasts Differentiation

Keywords

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ABSTRACT

Titanium has been used for biomedical devices due to its excellent biocompatibility, which is based partly on its 2-8 nm thick titanium oxide layer. However, the relatively poor surface hardness, wear resistance and metal release of these layers may cause some problems in clinical application. In this study, titanium surfaces were modified using a TiO₂ sol-gel coating, in order to improve surface properties and osteoblast function. No significant difference in surface roughness was observed between titanium and TiO₂ sol-gel discs. The surface of TiO₂ sol-gel discs possessed more wettability than titanium discs. The X-ray diffraction results showed amorphous TiO₂ phase on titanium discs, whereas TiO₂ sol-gel surfaces presented TiO₂ rutile and anatase phase. After 4 hours, the number of osteoblasts seeded on TiO₂ surface was significantly higher than those on titanium discs. The mRNA expression of bone sialoprotein and osteocalcin were also higher on day 5 and 7, respectively. Enzyme-linked immunosorbent assay (ELISA) analysis confirmed the increase of osteocalcin protein synthesis in osteoblasts grown on the TiO₂ sol-gel surface. Alizarin red-S staining showed higher amount of calcium deposition from osteoblasts cultured on TiO₂ surface than those on titanium discs at day 20. In conclusion, TiO₂ sol-gel coated-titanium could enhance osteoblasts differentiation and promote mineralization, indicating its potential in improving osseointegration for clinical application.

INTRODUCTION

Titanium (Ti) and its alloys are commonly used as biomedical devices in dental and orthopedics fields due to their remarkable characteristics such as excellent biocompatibility and corrosion resistance.¹ The major applications are bone-anchoring devices including hip-joint replacement devices and dental implants.^{1,2} When Ti surface is exposed to air and/or physiological fluids such as body fluid and oxidizing media, the oxide layer is spontaneously formed within milliseconds through the so-called passivation process.^{3,4} It has been reported that the excellent biocompatibility of Ti and its alloy is based on the native oxide layer, which is the first part that interact with biological tissue and therefore establishing the initial host responses.^{2,5} The oxide layer also provides corrosion resistance as it acts as a barrier preventing the release of ions into surrounding tissue.⁶ However, the corrosive process still occurs due to the breakdown of oxide layer. The released metal ions and debris consequently stimulate biological adverse reaction and also implant failure.⁷ The passivating oxide layer of Ti is very thin, approximately 2-8 nm in thickness, usually amorphous and mainly consists of titanium dioxide (TiO₂).^{2,4} With poor surface hardness and

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wear resistance, this naturally occurred oxide layer can be easily damaged.² It is proposed that the increase in the oxide layer thickness (about 100-200 nm) could increase corrosion resistance of Ti.^{8,9} Therefore, the modification of Ti or its alloys to form a thicker TiO₂ layer might benefit long-term success of implant treatment.²

Several modification techniques have been developed to increase the thickness and stabilize TiO₂ layer.¹⁰⁻¹³ Sol-gel process is one of the widely used techniques to obtain well-defined biomaterial surfaces while maintaining the overall favorable mechanical properties of material substrate. It is an inexpensive simple method that can be used on complex shaped substrate such as dental implant. Moreover, rapid deposition with high degree of purity and homogeneity of oxide layer can be achieved.^{8,12,14}

Several studies indicated that sol-gel fabricated TiO₂ coating on material surfaces could improve osteoblast responses.^{2,5,8,15-17} Sol-gel derived TiO₂ could improve cell attachment, proliferation, differentiation and *in vitro* mineralization of mouse osteoblast cell line (MC3T3-E1),^{2,5,16} human osteosarcoma (HOS) cell lines,⁸ and primary human osteoblast cells,¹⁵ compared to bare Ti surface. In our previous work, we found that a single layer of 90 nm TiO₂ sol-gel film coated on glass slip could enhance osteoblast attachment, differentiation and *in vitro* calcification, when compared to uncoated surface.¹⁶ The aim of this study was to fabricate and characterize sol-gel derived TiO₂ film coated on Ti discs. The function and behavior of primary human osteoblast cells grown on TiO₂ surface were also evaluated.

MATERIAL AND METHODS

TITANIUM DISC PREPARATION

Commercial pure Ti (cpTi grade 2, Morita Company, Japan) was prepared into Ti disc with a diameter of 12 mm and a thickness of 2 mm. Ti discs were polished with 1000-grit silicon carbide grinding paper in a polishing machine (DPS 3200, IMPTECH, South Africa). Before dipping process, specimens were ultrasonically washed for 5 minutes in acetone, 5 minutes in ethanol, three times rinsing with de-ionized water, and air dried at room temperature.

FABRICATION OF TiO₂ FILMS

The TiO₂ film was produced by simple sol-gel dip-coating procedure.¹⁶ Briefly, the sols were prepared by dissolving tetrabutyl orthotitanate (C₁₆H₃₆O₄Ti) in absolute ethanol and mixed with fuming 37% hydrochloric acid (HCl) and acetylacetone (C₅H₈O₂) with a 1:30:0.5:1 molar ratio. After 1 hour of stirring at room temperature, Ti discs were mounted on a dipping machine and dipped into the sols at a speed of 10 cm/minute under ambient atmosphere. Only one cycle of sol-gel process

was performed. After air drying for 24 hours, specimens were heat treated at a temperature of 550°C for 30 minutes in air at heating rate of 2°C/minute. All reagents were purchased from Fluka (Steinheim, Germany).

SURFACE ROUGHNESS MEASUREMENT

Surface roughness was measured using a profilometer (Taly-scan 150, Taylor Hobson, UK). Surface value roughness (Sa) measurements were randomly taken at 5 different locations on each sample with a measurement speed at 2.0 mm/second.

CRYSTAL STRUCTURE ANALYSIS

The crystal structure of Ti disc and TiO₂ coated films were identified by X-ray diffraction (XRD; D8 Discover, Bruker AXS, Karlsruhe, Germany) at a scanning rate of 0.4 second/step, with an angle of incidence $q = \theta/2$ in the range of 20° to 80°, CuK α radiation and wavelength (λ) of 1.54 Å (40kV,40mA).

HYDROPHILICITY

Static contact angle measurement was performed using contact angle meter (DSA10, Krüss, Hamburg, Germany). Samples were kept in ambient environment for 15 minutes, a 10 μ l sessile droplet of de-ionized water was drop vertically on specimen surface using micro-syringe without physical contact by hand. The contact angle was measured ten times for each surface.

PRIMARY HUMAN OSTEOBLAST CELL CULTURE

Primary human osteoblast cells were obtained from alveoloplasty or surgical removal of torus palatinus or torus mandibularis for prosthodontic treatment. All patients gave informed consent and the protocol was approved by the Ethical Committee, Faculty of Dentistry, Chulalongkorn University. Bone chips were washed in phosphate buffer saline (PBS, Gibco, Grand Island, NY, USA), cut into approximately 2x2 mm² pieces, and digested with 0.25% trypsin-ethylenediaminetetraacetic acid (Trypsin-EDTA; Gibco) solution. Bone pieces were then harvested and cultured in Dulbecco's modified Eagle's medium (Gibco), supplemented with 15% fetal bovine serum (FBS; ICP biologicals, Henderson, Auckland, New Zealand), 1% antibiotic-antimycotic (Gibco) under standard incubation conditions (5% CO₂, 100% humidified, 37°C). After cells were confluence, subculture was performed at a ratio of 1:3, and cells from passages 3 to 6 were used in this study. For all experiments, cells were seeded on each material, which was placed in each well of 24-well tissue culture plates at a density of 4x10⁴ cells per well. Prior to cell culture, Ti discs and glass cover slips were sterilized by washing with 70% ethanol for 10 minutes, followed by three times rinsing with de-ionized water and air dried, whereas TiO₂ coatings were sterilized using autoclave. The medium was changed every other day. Glass surface (12 mm round glass cover slip) was used as control.

MTT ASSAY

Cell viability was determined by MTT ((3-(4,5-Dimethylthiazol-2-yl)-2,5-dipheyl tetrazolium bromide); USB Corporation, Cleveland, OH, USA) assay. After 0.5, 1 and 4 hours as well as 1 and 3 days of culture, the specimens were washed with PBS, followed by 30 minutes incubation in 5 mg/ml MTT solution. At the end of assay, the optical density of dissolved blue formazan crystal from each well was measured using Thermo Spectronic Genesys 10 UV-vis spectrophotometer (Thermo Fisher Scientific, Massachusetts, USA) at a wavelength of 570 nm.

CELL MORPHOLOGY EVALUATION BY SCANNING ELECTRON MICROSCOPY (SEM)

Cells were cultured on each surface for 0.5 and 1 hour. After removal of the culture medium, cells were fixed with 3% glutaraldehyde in PBS for 30 minutes and rinsed with PBS. After dehydration in a graded series of dimethyl sulfoxide (30%, 50%, 70%, 90% and 100%) for 2 minutes at each concentration and dried in air, samples were sputter-coated with gold and were examined by SEM (JSM-5410LV, JEOL, Tokyo, Japan).

REVERSE-TRANSCRIPTION POLYMERASE CHAIN REACTION (RT-PCR)

Expressions of osteocalcin (OC) and bone sialoprotein (BSP) messenger RNA (mRNA) were assessed using RT-PCR. After 5 and 7 days of cell culture, primary bone cells were extracted with TriPure Isolation Reagent (Roche Diagnostics, Indianapolis, IN, USA). The RNA samples were then reverse transcribed to obtain first strand cDNA using reverse transcriptase enzyme (ImProm-II Reserve Transcription System, Promega, Madison, WI, USA). The target genes were amplified by Tag Polymerase enzyme kit (Invitrogen, Sao Paulo, Brazil). PCR products were analyzed by separation on 1.8% agarose gel (USB Corporation) using electrophoresis (Power Pac Junior, Bio-Rad, Hercules, CA, USA) and visualized by ethidium bromide (Bio-Rad) staining. The stained bands were photographed under UV light, and the intensity was quantified with Scion Image Software (Scion Corporation, Walkersville, MD, USA). In this study, glyceraldehyde-3-phosphate dehydrogenase (GAPDH) ribosomal RNA was used as a reference gene.

OSTEOCALCIN ANALYSIS USING ELISA

To examine the OC protein synthesis, primary human osteoblasts were seeded on each sample and incubated for 5 and 7 days. The culture medium was changed 1 day prior to sample collection. The supernatants of cell seeded on each sample were collected and the osteocalcin protein expression were examined using intact human osteocalcin enzyme-linked immunosorbent assay (ELISA) kit (Biomedical Technologies, MA, USA).

ALIZARIN RED-S STAINING AND CALCIUM QUANTIFICATION

Calcium deposition was quantified by alizarin red-S staining. Primary bone cells were cultured on samples until confluence. The media were changed into osteogenic medium containing 10 mM β -glycerophosphate (Sigma), 50 μ g/ml ascorbic acid (Sigma), and 100 nM dexamethasone (Sigma), and cells were cultured for another 20 days. At the end of culture period, cells were rinsed with PBS and fixed with cold methanol for 10 minutes, washed with deionized water and immersed in 1% alizarin red-S solution dissolved in 1:100 (v/v) ammonium hydroxide/water mixture (pH = 4.2).

The amount of calcium deposition was quantified by eluting with 10% cetylpyridinium chloride monohydrate (Sigma) in 10 mM sodium phosphate at room temperature for 15 minutes. The absorbance of the released alizarin red-S was measured at 570 nm using the UV-vis spectrophotometer.

STATISTICAL ANALYSIS

Data were analyzed by one-way analyses of variance (ANOVA), followed by a multiple comparison using the LSD or Tamhane pot hoc tests ($p < 0.05$), using statistical software SPSS® 15.0 for Windows (SPSS, Chicago, IL, USA).

RESULTS

SURFACE CHARACTERIZATION

The surface characteristics of TiO₂ sol-gel coated surfaces were analyzed, compared to Ti discs and glass cover slips. The surface roughness was examined using profilometer. Results showed that the roughness of Ti disc and TiO₂ coated discs were comparable, with significant difference from glass surface (Table 1). The hydrophilicity of each surface was examined through the measurement of water contact angle. TiO₂ coated Ti disc appeared to be the most hydrophilic surface, as the least water contact angle was observed (Figure 1). To analyze the crystal structure of Ti discs and sol-gel derived TiO₂ film, XRD analysis was performed (Figure 2). The XRD profiling of Ti discs showed the sole visible peak (s) of substrate cp-Ti, indicating this TiO₂ was amorphous (Figure 2A). On the other hand, TiO₂ coated Ti surfaces demonstrated rutile (r) / anatase (a) two-phase structure (Figure 2B).

Table 1. Surface roughness of glass, Ti discs and TiO₂ coated discs

Materials	Sa (nm)
Glass Surface	24.55 ± 0.89
Ti discs	221.12 ± 22.74*
TiO ₂ coated discs	199.62 ± 10.27*

Data were presented as mean ± S.D. *Significant difference, $p < 0.05$.

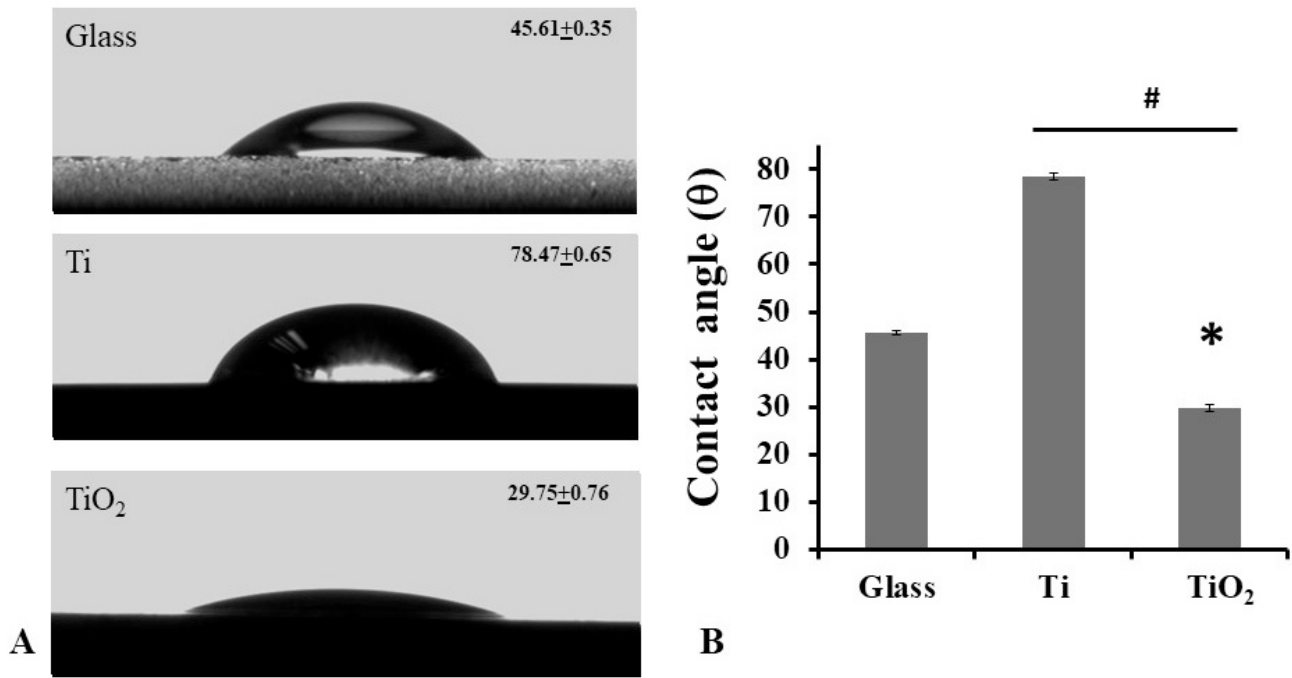


Figure 1: Water contact angle of glass, TiO₂ film, and Ti disc (A) Photograph of water droplet. (B) Water contact angle. Data are shown as mean ± S.D. * indicates statistical difference between glass cover slip and Ti disc or TiO₂ coated-disc; # indicates statistical difference between Ti disc and TiO₂ coated-disc, $p < 0.05$.

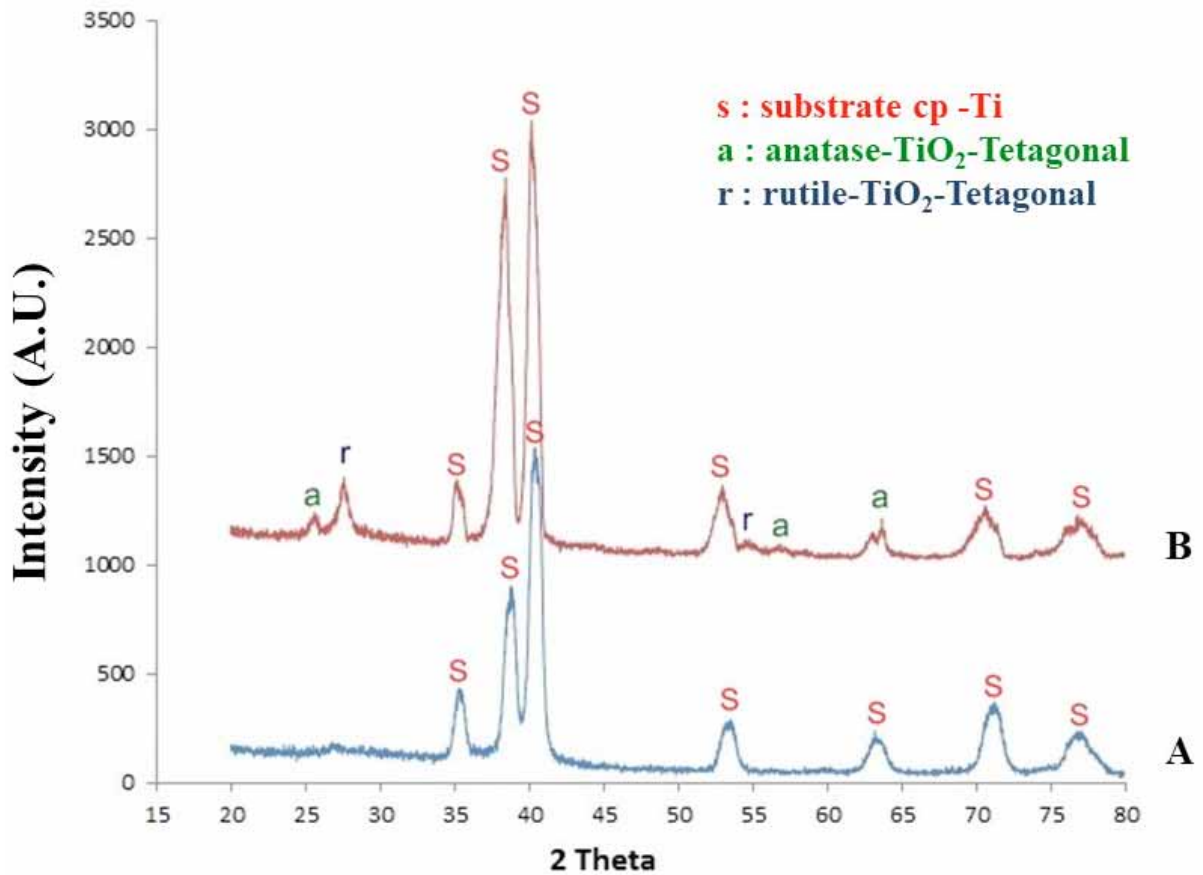


Figure 2: The crystal structure analysis

OSTEOGENIC DIFFERENTIATION AND MINERALIZATION

Primary human osteoblast-like cells were cultured on each surface. Cell morphology was examined by SEM. The result revealed normal morphology of cells on all surfaces after cell were seeded on materials for 0.5 and 1 hour (Figure 3). The number of viable cells was further quantitated by MTT analysis (Figure 4). A comparable number of viable cells adhered on all surfaces was observed at both 0.5 and 1 hour culture. However, when

the culture was extended to 4 hours, 1 and 3 days, the highest number of viable cells was observed on glass surface, followed by TiO₂ film and Ti discs.

The expression of osteogenic markers OC and BSP was examined. RT-PCR analysis showed significant increase in OC and BSP mRNA expression of cells cultured on TiO₂ coated discs, compared to Ti discs and glass surface at day 5 and day 7 (Figure 5). ELISA results confirmed a significant increase in OC protein synthesis of cells seeded on TiO₂ coated discs (Figure 6).

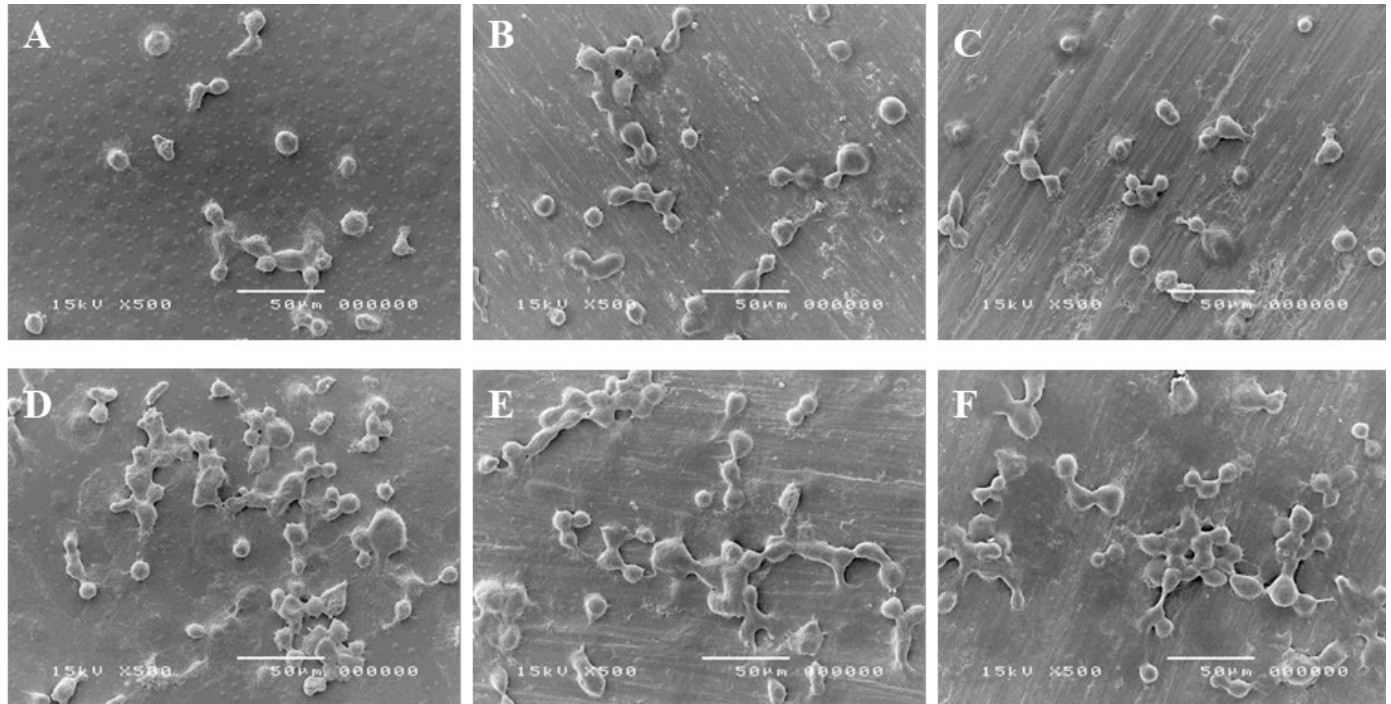


Figure 3: Cell morphology

Scanning electron micrograph of cells seeded on glass (A, D), Ti discs (B, E) and TiO₂ coated films (C, F) after 30 minutes (A-C) and 1 hour (D-F) incubation at magnification of 500x.

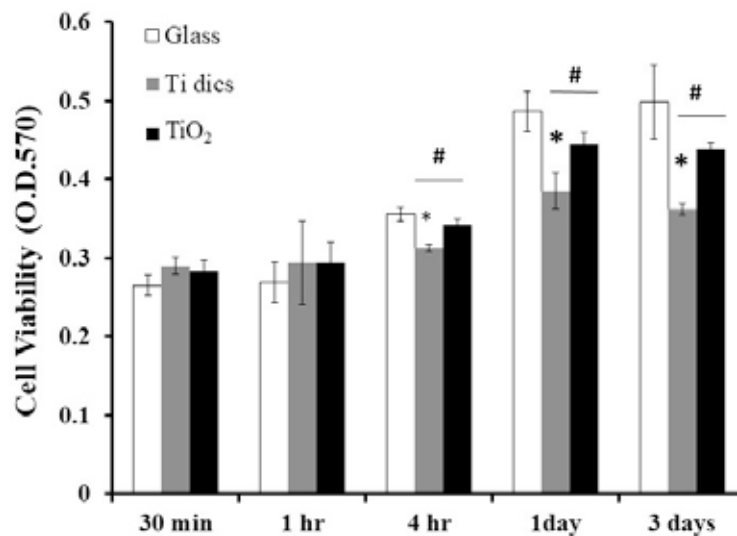


Figure 4: The number of viable cells on materials surface.

MTT assay showed the percentage of viable cells cultured on glass, Ti discs and TiO₂ coated discs after 0.5, 1 and 4 hours as well as 1 and 3 days incubation. Data are shown as mean \pm S.D. * indicates statistical difference between glass cover slip and Ti disc or TiO₂ coated-disc; # indicates statistical difference between Ti disc and TiO₂ coated-disc, $p < 0.05$.

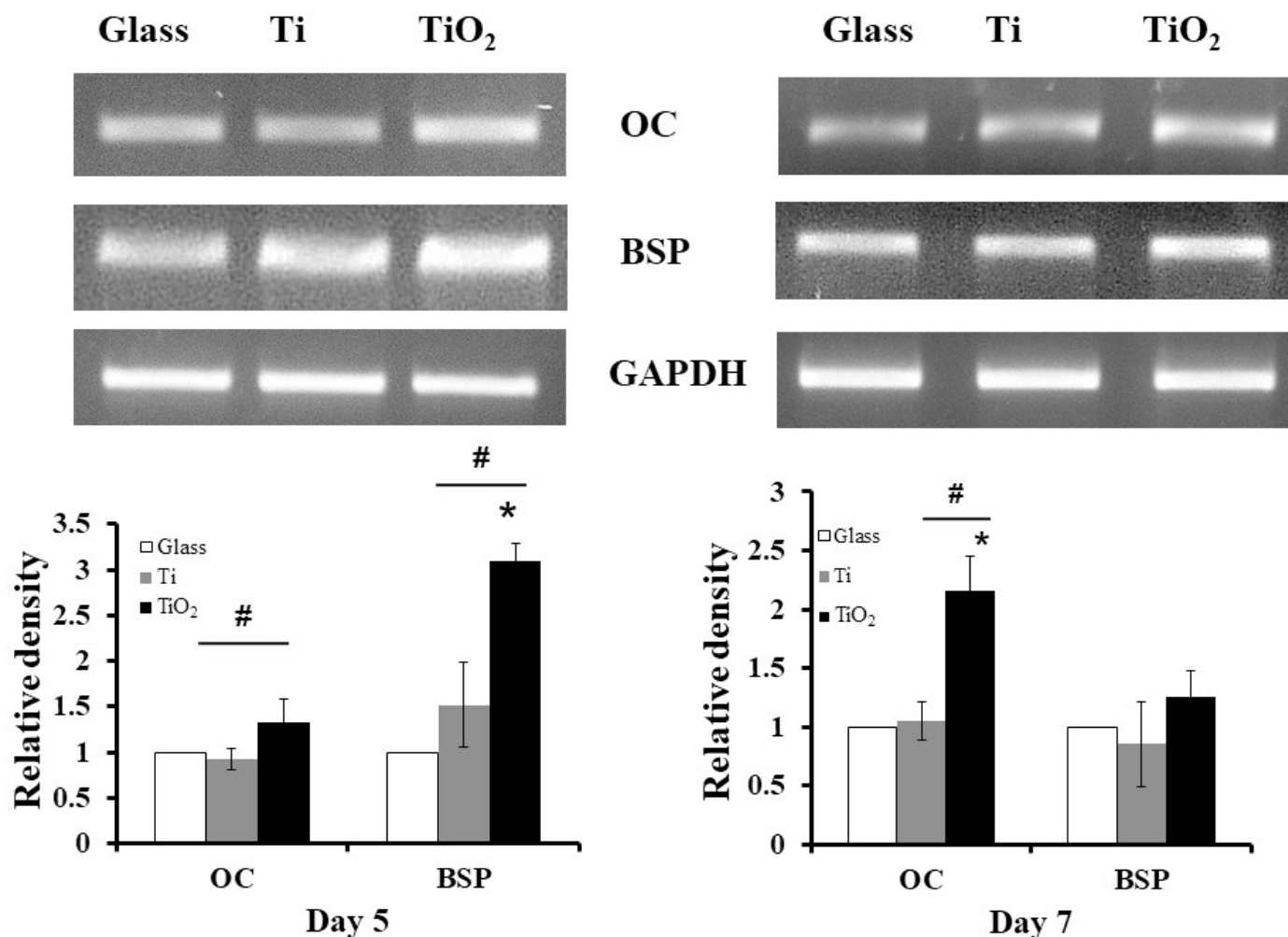


Figure 5: Osteogenic genes expression

The mRNA expression of bone sialoprotein (BSP) and osteocalcin (OC) of cell cultured on glass, Ti disc and TiO₂ coated disc after 5 days (A) and 7 days (B) incubation. Graphs showed relative band intensity normalized to GAPDH. Data are shown as mean ± S.D. * indicates statistical difference between glass cover slip and Ti disc or TiO₂ coated-disc; # indicates statistical difference between Ti disc and TiO₂ coated-disc, $p < 0.05$.

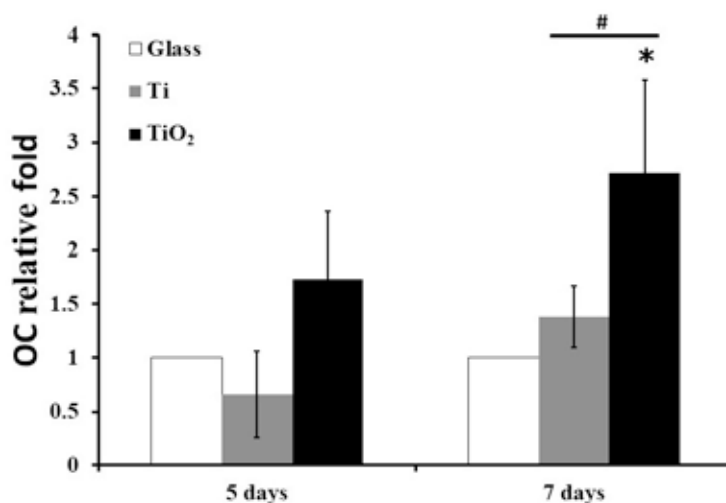


Figure 6: Osteocalcin protein expression.

Osteocalcin (OC) protein synthesis of cells cultured on glass, Ti disc and TiO₂ coated films at day 5 and 7 were determines using ELISA. Data are shown as mean ± S.D. * indicates statistical difference between glass cover slip and Ti disc or TiO₂ coated-disc; # indicates statistical difference between Ti disc and TiO₂ coated-disc, $p < 0.05$.

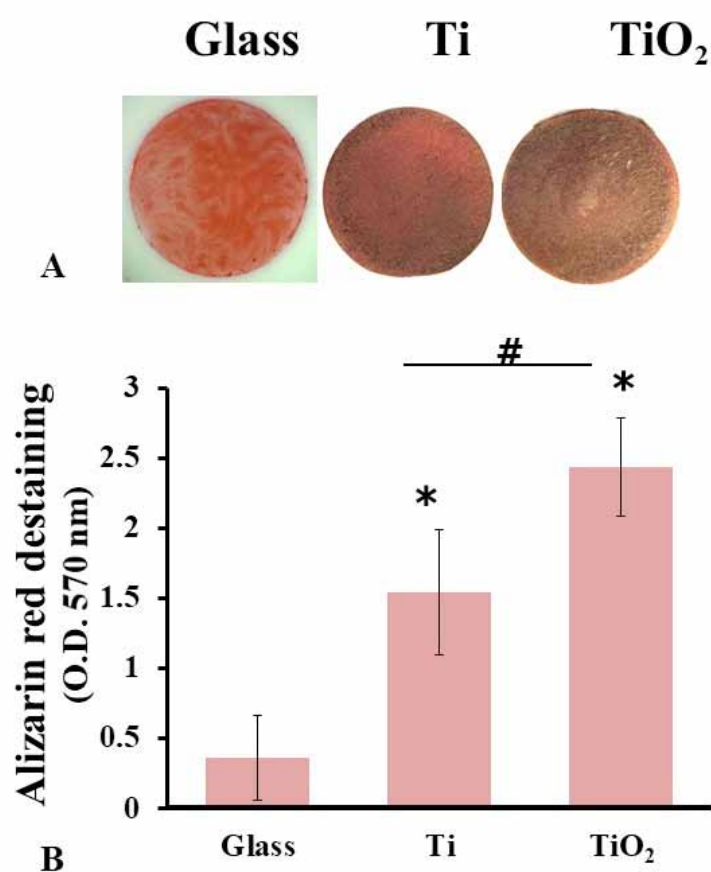


Figure 7: *In vitro* calcification analysis.

Alizarin red-S staining of cells cultured on glass, Ti and TiO₂ coated disc at day 20 (A). Graph showed quantification of calcium deposition by elution with cetylpyridinium chloride (B). Data are shown as mean \pm S.D. * indicates statistical difference between glass cover slip and Ti disc or TiO₂ coated-disc; # indicates statistical difference between Ti disc and TiO₂ coated-disc, $p < 0.05$.

An *in vitro* calcification was examined using alizarin red-S staining, which demonstrated more reddish deposition in cells cultured on TiO₂ coating films than those on glass and uncoated Ti discs at day 20 (Figure 7A). The amount of calcium deposition on each surface was quantified colorimetrically by destaining in 10% cetylpyridinium chloride monohydrate. The highest calcium deposition level was also observed on TiO₂ coated surface (Figure 7B).

DISCUSSION

In the present study, surface modification of Ti surface was created by a simple sol-gel technique to produce thicker TiO₂ films. Results indicated that TiO₂ derived sol-gel coated Ti surfaces could enhance osteoblast differentiation, as an increase in osteoblastic gene expression, as well as *in vitro* calcification were demonstrated.

Sol-gel process has been developed to fabricate TiO₂ film. Differences in sol reagents, aging time, coating technique and cycle of dipping are presented.^{2,8,15} For example, the aging time used for preparing TiO₂ sol is ranging from 24 hours to 5 days. The coating techniques to immobilize TiO₂ on Ti surface

include spinning and dipping. The simple spinning technique is only applicable on flat surface. On the other hand, dipping technique could be used on more complex surface, but multiple dipping cycles are usually required to achieve favorable result. In our study, we used one cycle dipping technique to fabricate a uniform and homogeneous single layer of TiO₂ film on both Ti and glass surface. Further, our sol-gel derived TiO₂ layer could support osteoblast differentiation and *in vitro* calcium deposition, similar to the results from other complicated sol-gel techniques.

Following biomaterial implantation, host responses are spontaneously occurred. Proteins from blood and surrounding tissue are immediately adsorbed onto the implant surface.^{18,19} A conformational change occurs within the adsorbed protein, allowing subsequent biological interactions with biomaterial. Surface properties of implant biomaterials such as surface roughness, wettability and surface chemistry, not only affect the amount and type of protein bound, but also influence cell-biomaterial interactions including cell attachment, adhesion, proliferation, and differentiation around material surface.^{19,20}

The wettability of implant surface could influence the binding of proteins onto biomaterials. An increase in hydrophilicity of Ti and TiO₂ surfaces could increase the adsorption of fibronectin, a major protein that play crucial roles in osteoblast differentiation, *in vitro* nodule formation and osseointegration process.^{11,21} In addition, hydrophilic surfaces could support adhesion of various cell types whereas hydrophobic surfaces often inhibit cell-surface interaction.^{18,22} Webb *et al.* (1998) showed that moderate hydrophilic surface, with approximately 20-40 degree of water contact angle, could promote the highest levels of cell attachment.²² Corresponded to these results, we found that a single layer of sol-gel derived TiO₂ coated Ti surface could enhance osteoblastic gene and protein expression, as well as *in vitro* calcification when compared to uncoated Ti discs. The surface roughness of material also affect protein adsorption and cellular response at the bone-implant interface.^{23,24} However, no significant difference in surface roughness between the TiO₂ film coated and uncoated Ti surface was observed in our study.

Many studies reported that TiO₂ coating films could improve osteoblast function and differentiation.^{2,13,16,17,25-28} Nevertheless, the crystal phase of TiO₂ that could better support cellular responses is still a big controversy. For example, Jokinen *et al.* (1998) work illustrated high bioactivity of amorphous TiO₂ film derived from dipping sol-gel technique.²⁵ Tsukimura *et al.* (2008) also reported that osteoblast functions such as proliferation, differentiation and calcification were increased in cell seeded on amorphous TiO₂ film than on Ti substrates.²⁶ Nonetheless, Kern *et al.* (2005) concluded that differences in oxide crystallinity did not affect protein adsorption and initial osteoblast attachment.²⁷ On the contrary, He *et al.* (2008) found that anatase TiO₂ showed the best performance on osteoblast adhesion, spreading, proliferation and alkaline phosphatase (ALP) activity when compared to amorphous and rutile phase.²⁸ Lu *et al.* (2018) noted that anatase TiO₂ surfaces could promote proliferation and ALP activity of MG-63 human osteoblast-like cells than amorphous TiO₂ surfaces.¹¹ Ochsenbein *et al.* (2008) study reported higher proliferation rate of MC3T3-E1 cultured on TiO₂ coating with a rutile/anatase two-phase structure, compared to uncoated cpTi surface.² Our results also demonstrated that a rutile/anatase two-phase structure of TiO₂ fabricated by sol-gel method could support proliferation and differentiation of primary human osteoblasts. The upregulation of BSP and OC mRNA and protein was also illustrated. BSP and OC are the late-stage markers of osteogenic differentiation and are correlate with the outcome of calcification.²⁹ The result was in accordance with study of Herle *et al.* (2006), which reported that TiO₂ coated-film on Ti surface could promote BSP mRNA expression in primary human osteoblast cells, when compared to cpTi disc.¹⁵ Moreover, higher calcium deposition on TiO₂ coated surface was observed, when compared to uncoated Ti discs and glass surfaces. This finding was in agreement with Advincular *et al.* (2006)⁵ study, which demonstrated that TiO₂ sol-gel coated films could induce calcium phosphate formation (bone-like

apatite formation) in simulated body fluid when sintering sol-gel at 450-550°C.³⁰ The mechanisms of calcium phosphate layer formation are not fully understood. It is proposed that in an aqueous solution, hydroxyl (Ti-OH) groups can be formed in TiO₂ layer, which serve as nucleation sites for apatite crystals and favor deposition. The negatively charged OH⁻ on the TiO₂ surface might interact with the positively charged Ca²⁺, and later with phosphate groups (PO₄³⁻), resulting in the formation of amorphous calcium phosphate.¹⁰ In all, evidences suggested that the fabrication of TiO₂ film on Ti surface had a positive effects on osteoblasts proliferation and function.

CONCLUSIONS

In this study, simple sol-gel technique was used to fabricate TiO₂ coated film on Ti surface. The results showed that TiO₂ coated surface could promote primary human osteoblast cell adhesion, proliferation and differentiation, as indicated by the increase in BSP and OC expression, as well as *in vitro* calcification. This simple and cost effective sol-gel technique yielded favorable outcomes, and might be used to improve implant surfaces for clinical application in the future.

CONFLICTS OF INTEREST

None declared.

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